Lampasas ISD



CHECLEADING CONSTITUTION

2023-24

LISD CHEER GUIDELINES

Lampasas ISD does not discriminate on the basis of sex, disability, race, color, age or national origin in its educational programs, activities, or employment as required by Title IX, Section 504 and Title VI.

The LISD cheer constitution is a guideline and cannot encompass all issues. The LHS cheer sponsor and LHS administration reserve the right to amend and interpret as needed.

PURPOSE

Being a cheerleader is an honor and a privilege; therefore, excellence is expected and required. The purpose is to promote and uphold school spirit, to develop a sense of good sportsmanship among students, and to improve the school/community relationship during school sponsored events. Through the development of leadership, cooperation, self-discipline, and teamwork in each individual member, the organization shall fulfill its purpose for the benefits of LHS and LMS and its students and community.

STATEMENT OF UNDERSTANDING

The following guidelines must be followed by all Lampasas ISD spirit organization members. Members of spirit organizations are representatives of Lampasas ISD and each member must maintain high moral and ethical standards. Membership is from the tryout date to the tryout date of the following school year.

ROLES AND RESPONSIBILITIES

- Being a member of a Lampasas ISD spirit organization is an honor and a responsibility.
 Many people will look up to the members because of their positions. Members will be recognized as spirit organization members in and out of school by other students and the community.
- 2. Members must follow all of the expectations and standards.
- Members must work to build an image of dedicated, hard-working, honest young adults
 who function as a team. Members will strive to improve themselves and others through
 positive interaction and accountability.
- 4. Spirit organization members must display consideration, cooperation, and dedication to maintain the integrity of the program.
- 5. Members will be held to high behavioral standards. The program requires members to consider their position as a spirit organization representative in their actions, both in and out of school.
- 6. Members must adhere to all school and district policies and codes of conduct.

PRACTICES

- Squad members are expected to be punctual and attend all scheduled practice and zero hour class. All practices are closed to parents and other students unless authorized by sponsor.
- Coach/Captain will place members in specific positions. Cheerleaders will be moved at any time to ensure safety.
- LHS Cheerleaders must be enrolled in the first semester cheerleading class.
- LMS Cheerleaders typically practice after school.
- All practices are mandatory. Failure to attend may result in disciplinary action.
- The amount of practice required will be at the discretion of the coach.
- Squad members who miss a practice for any reason during the week of a pep rally may not perform at the pep rally unless arrangements have been made with the coach ahead of time.
- Absolutely no stunting is permitted without a sponsor present. Squad members are not permitted to stunt at private residences, parties, etc. The sponsors and Lampasas ISD are not liable for any accidents which may occur.
- No jewelry may be worn at practice.
- No gum at practice. Food and drinks must be kept out of the way.
- All cell phones will be turned off and put away during practice.
- All squad members are required to wear appropriate clothing to all practices. No restrictive or tight clothing. Cheer shoes with socks must be worn at all times during practice.
- Hair must be put up and worn away from face during all practices, including zero hour cheer class.
- Driver's Ed, work schedules, all-star squads, and not having a ride, etc. will not be an excuse for missing practices or performances.
- After tryouts, cheerleaders could begin practices in April and May.

GRADES AND GRADING

Lampasas ISD spirit organization members are required to meet UIL grade eligibility rules. Accordingly, any representative receiving a failing grade will become ineligible for the allotted time set by UIL guidelines. If a representative becomes ineligible, he/she will not be allowed to perform, travel, or wear the uniform to school or for any squad performance for the term of the student's ineligibility.

WORK OUTS

- Cheerleaders may be required to attend the weight room for strength training.
 Cheerleaders are athletes and need to work to improve their strength, most importantly, for safety reasons.
- Cheerleaders and Mascot may be required to run or do other cardio related activities.

UNIFORMS

- All uniforms are property of Lampasas High/Middle School. Uniforms are assigned to a specific cheerleader and the parents take complete financial responsibility for articles that are damaged, lost, or stolen. No part of the uniform will be worn except when so instructed by the cheer coach. Uniforms are to be worn by squad members only.
- Members may not wear any jewelry while in uniform (except team picture day). This includes belly button rings, nose rings and any other type of jewelry. Bandage coverings or any other objects (spacer/retainer) inserted in the pierced area will not be permitted.
- No artificial nails are to be worn during cheer season or camp. No nail polish is allowed in uniform. Nails must be kept short to prevent injury.
- Socks: LMS specified by the coach; LHS white crew socks only, unless told differently.
- Members must return all uniforms and equipment at the specified date after cheer season has been completed in good, clean condition. Uniforms must be clean.
- No alterations to uniforms may be made without the coach's approval. If alterations are approved, they are the financial responsibility of the squad member.
- All squad members will be required to wear practice uniforms as designated by the cheer coach.
- All uniforms must be worn zipped and unrolled. Uniforms must be worn the way they are made to be worn.

ABSENCES

- One person being absent affects the entire squad. It is important to make every effort to be at practices and events.
- Missing a scheduled practice the week of a pep rally may result in non-participation of the next scheduled event or competition.
- Absences due to work schedules are not excused. Jobs must work around the cheer squad schedule. Cheerleaders should submit all practice and game schedules to employers in advance.
- Attendance at a practice, event or competition without proper shoes, uniform, hair, could be considered an absence.
- Tutoring needs to be arranged to not interfere with practices.
- A cheerleader must be present all day in order to participate in the game/pep rally/competition, unless prior arrangements are made with the coach.

TARDINESS

- It is a cheerleader's responsibility to keep up with all game and practice schedules.
- All cheerleaders must be ready to practice and perform at assigned times. The time
 posted is the time you are to be ready, not walking in the door, fixing your hair,
 stretching, etc.
- Members will arrive on time and stay until dismissed by the coach.

SUMMER ACTIVITIES

- All scheduled practices, fundraisers and camps are mandatory.
- Members must be available for practices and any related activities during the summer.
 Family vacations and other events are not an excuse to miss your summer commitment to the team.
- Failure to attend summer camp may result in dismissal from the squad.
- The varsity squad may have an extra stunt clinic during the season that will be mandatory.

RESIGNATION/DISMISSAL

Membership is from tryout date to tryout date. However, if you choose to resign or have been dismissed from the squad, you are forfeiting all that remains in the season, including the end of the year banquet and any awards received during or at the completion of the season. You will need to turn in all school-owned property (uniform, poms, etc.) and pay off any unpaid balances immediately.

GAME EXPECTATION

- Arrive at the game at the time designated by your coach.
- All cheerleaders are required to warm up with the cheer coach present before the game.
- Have a complete uniform, neat and clean, at all games. If you do not have a proper uniform, you will be unable to cheer.
- No jewelry. No nail polish. Nails should be cut to a safe length.
- Remain in the cheering area during the game.
- Execute all the material and routines correctly.
- Control and lead the crowd through organized cheers and chants. Display correct and acceptable leadership skills.
- Do not socialize with players or crowd while cheering.
- Follow the cheer coach's directive during games.
- No chewing gum or eating while cheering.
- Perform only stunts that have been perfected and have been approved by the coach.
- Squad members must stay for the duration of the game. Serious family emergency will be the only excused absence.
- Squad members are responsible for their own transportation to home games or contests. Transportation will be provided for out of town games (Varsity only). Special permission to leave with a parent may be granted if a Student Travel form is on file with the coach 2 days prior to the trip.
- The LHS Freshmen & Junior Varsity squads as well as all LMS squads only cheer at home games.
- Cheerleaders will be required to perform all gymnastic stunts and spirit (that was demonstrated during tryouts) at all games/pep rallies/performances, weather permitting.
- Cheerleaders will act professional at games and other public cheer events.

MEDICAL TERMS

Anyone who needs to miss a cheerleading activity due to an injury or illness may be required to provide a note from a medical doctor. In case of a prolonged illness or injury, a release note from a doctor will be required to participate fully in activities. In the event that a note is not provided, demerits may be given for each activity missed.

LETTER JACKET

- Letter jackets may be purchased by all varsity cheerleaders and mascots in good standing at the completion of football season <u>and</u> competition season.
- Cheerleaders must complete the entire season.
- Mascots must meet all obligations pep rallies, games, and competition
- All financial obligations must be met by a specified date set by the sponsor
- The cheer coach will make the final decision on awarding letter jackets.

FINANCIAL OBLIGATIONS

- Members will be responsible for furnishing any necessary uniforms, clothing and equipment not provided by the district.
- Students who choose to personalize school owned equipment would be responsible for the cost of replacing it.
- All financial obligations regarding cheerleading camp must be met by the assigned date or the cheerleader will not attend summer camp.
- All fundraising efforts will be coordinated through the cheer program and subject to administrative approval.
- A projected cost for the different squads will be provided to all prospective cheerleaders

FUNDRAISERS

- All LHS cheerleaders and mascots are required to help at the cheerleader mini-camp in the fall. This is the biggest fundraiser of the year and help is needed from everyone, including parents. So please arrange your schedules accordingly.
- Participation in all fundraisers by any LISD spirit squad member is mandatory.

MASCOTS

- Mascot candidates must abide by the same rules and procedures as cheerleaders.
- Mascots may be required to learn all dances, cheers, chants, etc. as the cheerleaders
- Mascots must attend all games, performances, practices, fundraising events, etc.
- Mascots are responsible for the care and upkeep of the costume. Damage to costume could result in cost of repair or replacement. (Approx. \$1,500)
- Varsity mascot/s must prepare a skit to take to summer camp and try out for All-American
- Mascots are to choreograph their own routines for pep rallies or performances.
- All routines and music must be approved by the cheer coach prior to performing.
- Mascots must be in full uniform from pre-game (school song) until halftime. And be back in the suit for the second half, unless otherwise directed by the coach.
- Should there be no participants for tryouts, the coach may select qualified persons to fill this position.
- Mascots may be asked to make special appearances within the community.

CAPTAIN AND CO-CAPTAIN

- Captains/Co-Captains for the varsity squad must have cheered the previous year on the varsity squad. If no returning letter winners make the squad, then the cheer coach shall decide the appropriate action.
- JV/9th/8th grade captain candidates must have cheered the prior year on an LISD squad.
- Must have a record free from major disciplinary infractions.
- Final decisions on selecting Captains/Co-Captains will be the responsibility of the cheer coach.

EXPECTATIONS OF CAPTAINS

- The way captains are chosen each year will be determined by the cheer coach
- Captains should be the first one to practice and the last one to leave.
- Leading warm-up activities.
- Having all necessary supplies ready for practice (stereo, music, poms, signs, etc.)
- Being responsible for contacting the squad to notify them on practice changes, changes in events, etc.
- Selecting cheers and chants for games and pep rallies.
- Giving input on game and pep rally formations. (Coach has final say)
- Making sure all signs are hung up at games and hallways.
- Selecting uniforms to be worn at all cheer events, if needed
- Organizing and choreographing pep rallies with the coach meet with the coach weekly.
- Keeping the cheerleaders in proper formation during the football and basketball games.
- Showing no partiality within the squad.
- The coach reserves the right to appoint the captains and/or remove/replace the captains, if needed.

COMPETITION

While the primary function of our high school cheerleaders is to promote school spirit, with the approval of the sponsor and the campus principal, the squad may participate in competitions, above and beyond their normal expectations, during the school year. A decision to compete will be made each year.

If the sponsor chooses for the squad to participate in a competition, with the approval of the principal, all practice and expense guidelines previously outlined will apply.

<u>All Varsity squad members</u> will be on the competition team, in some capacity, and expected to compete. There are times where the opportunity for sub varsity members to be placed on the team could arise. All sub varsity members selected for the competition team will be given the option to accept or decline the offer.

In the past we have attended two warm up competitions in Nov/Dec, the UIL State Competition in January, and Nationals in January. UIL is a competition we will attend every year. The other competitions will be a decision that is made by the coach each year. Nationals is not a guaranteed competition.

Our Middle School program is not a competitive program and will not attend competitions.

COMMUNITY AND PARENTAL SUPPORT

Parent and community support is vital to a strong cheerleading program. District and school guidelines must be followed in order to comply with district policy. In order to follow established rules and regulations, please contact the LHS cheerleading sponsor prior to any involvement. All appearances of the LISD mascots and cheerleaders are subject to sponsor and administrative approval.

All members of the LHS cheer program will be required to attend community service projects chosen by the coaches. Examples: Spring Ho Parade, elementary school events, carnivals, family nights, etc.

The goal of doing community service is to build connections between the community of Lampasas and Lampasas High School.

CONDUCT

- Cheerleaders must always demonstrate sincere respect for each other and the sponsor.
- Squad members, in or out of uniform, must not show any public display of affection at school or any school function. Absolutely no gum, candy, or food will be permitted on the field in the cheering area. Water bottles are fine.
- Cheerleaders are not permitted to have any conversations with other students or parents during games, without permission of the coach. The coach will converse only with parents about the concerns of their child.
- A cheerleader who is assigned ISS for disciplinary reasons may be suspended from the squad for one week. A third ISS assignment will result in permanent dismissal from the squad
- A cheerleader who is assigned DAEP will be immediately and permanently dismissed from the squad.
- Any cheerleader who has been removed from the squad will not be permitted to try out, in the years to follow, on their campus.
- Any cheerleader who voluntarily quits the squad will not be permitted to try out for cheerleader the following year without cheer coach/administration approval.
- Use of tobacco products, alcoholic beverages, illegal drugs, or vaping at any school function, may warrant disciplinary action and/or immediate dismissal from the squad.
 Squad members may be dismissed or suspended from the squad at the discretion of the principal and the sponsor for actions that are deemed inappropriate for students who have been chosen as school leaders.
- Cell phones are prohibited on the field or court and at practice.
- No bullying or threatening behaviors will be tolerated. Cheerleaders who violate this rule will be removed from the squad and not be allowed to try out the following year.
- LHS Cheerleaders will not be able to participate on the cheer squad and the drill team. Due to our seasons occurring at the same time it poses too many scheduling conflicts.

All cheerleaders will demonstrate courtesy, responsibility, dependability, cleanliness and good will at all times. Guidelines are in place to ensure that our squads will always be the best in appearance, attitude, and performance. When one cheerleader fails to abide by the guidelines the entire squad suffers, therefore consequences will be administered for behavior which does not comply with these guidelines.

Any cheerleader who receives 12 demerits automatically is removed from the squad. Any cheerleader who receives 6 demerits will sit out for a 2-week period.

- Cheerleaders will be notified in writing if a demerit(s) has been issued.
- ALL CHEER COACH DECISIONS ARE FINAL.

DEMERIT SHEET

1 Demerit

- No excessive makeup. As determined by the coach.
- Tardy to morning or afternoon practice. Tardy to football or basketball games. Tardy to competition practice or any other cheer function without cheer coach approval.
- Excessive talking during practice or game.
- Not showing spirit or demonstrating tumbling passes that were done during tryouts at all games and performances.
- Not helping decorate or clean up before or after pep rally and before or after games, etc.
- Artificial nails (not within the rules) and/or nail polish of any kind at football/basketball games.
- Chewing gum at practice or games.
- Failure to turn in any required forms by deadline; ex. grade sheets, fundraising materials, etc.
- Failure to return on time from breaks.
- Wearing jewelry at practice or performance to include navel, face, and body piercings.
- Failure to be dressed properly for practice including hair pulled back and secured.

*For 1 demerit offenses, the squad member has the option to work it off within 48 hours or take the demerit. Coach/sponsor will decide what the work off requirement will be.

2 Demerits

- Not performing cheer, chant, or dance at the game. It is the cheerleader's responsibility to make sure they know every cheer/chant or dance we perform.
- Profanity at any practice, game, or function
- Failure to be properly dressed out (including hair) or bring proper equipment to game.
- Leaving a game without prior approval from the coach.
- Public display of affection while in or out of uniform
- Talking negatively about a fellow cheerleader in or out of uniform.
- Detention

3 Demerits

- Demonstrating conflicts within the squad at a performance.
- Not participating in an assigned fundraiser. Leaving early or not showing up.
- Unexcused absence
- Blue Card

4 Demerits

- Talking back to a coach, or failure to comply with a direct order. (Can result in dismissal from next performance)
- ISS/Red Card

6 Demerits

- Serious discipline infractions involving a school employee
- Lewd or profane behavior involving internet, texting, or social media
- Failure to follow a sponsor's directions which puts a cheerleader's safety at risk for injury.
- Conduct unbecoming of a cheerleader which reflects upon the reputation of Lampasas High School

Dismissal: Members may be removed due to, but not limited to; insubordination, undesirable behaviors, fighting, smoking/vaping, drinking alcohol, drugs, theft or other inappropriate and/or illegal actions committed on or off school campus at any time. An act committed by a cheerleader that would harm the reputation of the school or program may result in the cheerleader being dismissed.

It is impossible to cover in this constitution every situation that may arise, any further action needed will be taken at the discretion of the cheer coach and administration.

LISD Cheerleader Parent/Sponsor Communication Guide Parent/Sponsor Relationship

Both parenting and program sponsoring/coaching are extremely difficult vocations. By establishing an understanding of each position, we are better able to accept the actions of the other and provide greater benefits to students. As parents, when your child becomes involved in our program, you have a right to understand what expectations are placed on your child. This begins with clear communication from the sponsor of your cheerleader's squad.

Communication You Should Expect From Your Cheerleader's Sponsor

- 1. Philosophy of the program and the sponsor
- 2. Expectations the sponsor/coach has for your child as well as all the members of the program
- 3. Location and times of all practices and activities
- 4. Squad/Program requirements, i.e. special equipment, conditioning expectations, program costs, etc.
- 5. Procedures should your child be injured during practice or activity
- 6. Discipline that could result in the denial of your child's participation

Communication Sponsor/Coach Should Expect From Parents

- Concerns expressed directly to the coach at the appropriate times and places. Parents
 may contact sponsors/coaches during their regularly scheduled conference period.
 Parents should not contact sponsors at home or on personal cell phones except in the
 case of an emergency.
- 2. Notification of any schedule conflicts well in advance.
- 3. Specific concern in regard to a coach's philosophy and/or expectations.

As your child becomes involved in the programs in the Lampasas Independent School District, they will experience some of the most rewarding moments of their lives. It is important to understand that there also may be times and/or situations with which you or your child may not agree with. At these times, discussion with the sponsor is encouraged. Each squad member has a responsibility to approach the sponsor with questions and/or concerns before the sponsor is approached by the member's parent/s.

Appropriate Concerns to Discuss with Sponsors

- 1. The treatment of your child mentally and physically.
- 2. Ways to help your child improve.
- 3. Concerns about your child's behavior.

It is very difficult to accept your child not participating as much as you may hope or in a role different from what you expected. Sponsors are professionals. They make judgment decisions based on what they believe to be the best for all students involved. As you have seen from the list above, certain things may and should be discussed with your child's sponsor. Other issues, such as those listed below, must be left to the discretion of the sponsor.

Issues Not Appropriate To Discuss With Sponsors

- 1. Dance, Cheer, or Stunting Placement
- 2. Scheduling of Cheerleading Games/Activities
- 3. Other Cheerleading Members
- 4. Other Parents of Cheerleading Members

There are situations that may require a conference between the sponsor and the parent. These conferences are encouraged when appropriate. It is important that both parties involved have a clear understanding of the other's position. When these conferences are necessary, the following is the procedure to which parents should adhere in order to help promote a resolution to the issue of concern.

If You Have A Concern To Discuss With A Sponsor You Should

- 1. Call or email the sponsor/coach to set up an appointment. Each sponsor/coach has a conference period scheduled each day for the purpose of planning and communicating with parents.
- 2. If the coach cannot be reached, call the school's office for assistance in scheduling a conference.
- 3. Please do not attempt to confront a coach before or after an activity or practice. These can be emotional times for both the parent and the sponsor/coach. Meetings of this nature usually do not promote resolution. We ask that you wait 24 hours before contacting the coach.

ESTIMATED CHEERLEADING EXPENSES

LHS SQUADS

LMS SQUADS

400.00 160.00 110.00*			
160.00 110.00*			
110.00*			
100 00 444			
100.00 ***			
pr) 60.00***			
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105.00***			
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20.00***			
80.00*** <u>n:</u>			
		(not included in total)	
		t included in total)	
Total Estimated First Year Cost \$1,100 Total Estimated Returning Cost \$560			
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^{***}Denotes 1st year purchase only, unless a replacement is needed.

Please note that some of these amounts are estimates based on 2022-23 costs. Prices may vary slightly due to price changes with the companies we order our merchandise from. We continually strive to find the lowest prices without sacrificing the quality of the products we use. We are required to charge you tax for items you personally keep. We also split shipping costs between each member.

Additional Costs: There could be costs associated with the different events and pep rally themes from time to time. However, we keep those as minimal as possible. There are also costs involved with sister gifts. Gifts are given the first day of camp and on pep rally days.

LISD will provide a uniform for each cheer squad member.

^{*}There is a sub-varsity jacket and a varsity jacket.

TRYOUT PROCEDURES

- In order to try out for cheerleader/mascot, candidates and their parent/guardian must attend a mandatory informational meeting. All required forms will be available for printing from the school website. All forms in the candidate information packet must be returned by the first day of the tryout clinic. Packets may be turned in early (highly recommended). All online forms must also be completed.
- If you are unable to attend the tryout meeting, arrangements to meet with the coach must be made.
- All candidates must have a physical form on file with the coach before attending the first tryout session. It is the candidate's responsibility to get a copy of their physical form in the tryout packet before the deadline.
- All candidates must have at least a 70 average in each of their core subject areas from the 1st semester grades (including 1st and 2nd 9 weeks) to be eligible to try out. Any student who fails any core subject during the first semester must meet with the coach for approval to try out.
- If a candidate has ever been a cheerleader/mascot in LISD and elected to quit prior to fulfilling their duties/commitment on their campus, they are ineligible to try out on their campus without cheer coach/administration approval.
- If a candidate has ever been a cheerleader/mascot in LISD and has been dismissed from the squad, they are ineligible to try out on their campus without cheer coach/administration approval.
- Two points will be deducted from the discipline score for each infraction and/or day of ISS listed in the system. Students who are, or have been, expelled, suspended, or accumulated more than 4 days of ISS during the current school year are ineligible to try out for a squad.
- Two points will be deducted from the attendance score for each verified truancy (caught skipping).
- Candidates who miss LISD tryouts must wait until the following year to try out for all LISD squads. COVID related issues and other extenuating circumstances must be communicated with the cheer coach for a determination of eligibility.

TRYOUT CLINIC

- The clinic is closed to the public. No parents will be allowed to watch.
- There will be no videotaping during tryouts or tryout sessions.
- Senior cheerleaders or qualified instructors will conduct the high school clinic.
- It is recommended that candidates attend all practice sessions.
- All candidates will be taught the tryout material during the clinic.
- For the tryout clinic a candidate must wear t-shirt, shorts, and athletic shoes.
- NO jewelry (earrings, navel piercings, rings, etc.) will be worn
- Cell phones are not permitted during practice. Please keep them in backpacks and on silent to ensure they do not interrupt practice.

TRYOUT EVENT

- Tryouts will be closed to the public. The tryouts at the high school will be virtual. The only people present will be the coaches and campus administration. Graduating cheerleaders may be asked to assist.
- All candidates will draw a number to determine the order in which they will try out. There will be no trading numbers or the candidates will be disqualified.
- In the event of a school conflict, the try out order may be altered by the coach.
- Candidates will perform a group dance, a group sideline, individual cheer, and 3 different jumps (1 jump must be a toe touch). Standing/running tumbling may be performed, but is not required.
- All material is taught at the clinic.
- Mascot candidates will perform a 1:00-1:30 minute skit they have choreographed. Mascots are responsible for their own music and props.
- Cheer candidates will wear a plain black t-shirt, blue shorts, white crew socks, and cheer shoes or athletic shoes.
- Hair must be in a ponytail with no hair hanging down in the face and no bow or ribbon.

SELECTION

- The final score will be based on: Judges score, attendance, and discipline history.
- At LHS the candidates with the highest scores before the natural break will be named to the appropriate squads with a maximum of 20 on the varsity squad.
- The varsity squad may consist of freshmen, sophomores, juniors, and seniors. The junior varsity squad may consist of freshmen, sophomores, and juniors. The freshmen squad will consist of freshmen only. There is also an option of a JV Blue and a JV White squad, depending on tryout numbers.
- Eligible LHS mascot candidates may be freshmen, sophomores, juniors, or seniors.
- Depending on the number of students who try out, injuries, or other unforeseen circumstances, the sponsor reserves the right to adjust the squads as needed.
- Once you are selected for the cheer team, you forfeit your right to try out for the drill team or color guard for that season.
- The decision of the squads is final.

ANNOUNCEMENT

- Results will be posted on the cheer webpage as soon as the judges have completed scoring.
- Parents may inquire about their child's tryouts by setting up a meeting with the cheer coach.
- Inquiries concerning another student's tryout results, including scores, will not be shared.
- All documents will be kept for two years, and then shredded.

There will be a mandatory parent/guardian and cheerleader/mascot meeting after tryouts for all candidates who make a squad.